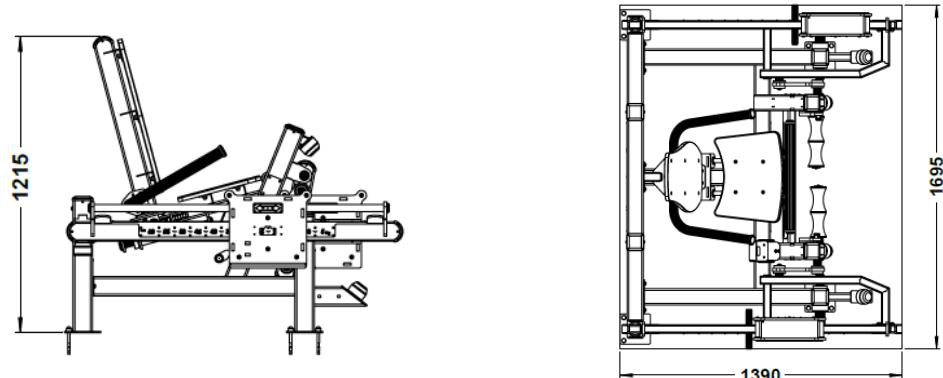
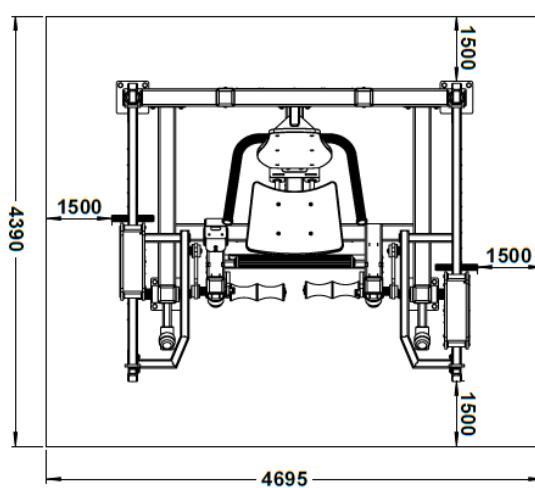


**YD-LKF1150**

## LEG EXTENSION TECHNICAL SPECIFICATIONS



### Safe Settlement Area Measure



## **1. SCOPE**

This specification covers the technical characteristics of the mechanical LEG EXTENSION machine, designed for use in outdoor sports areas, which targets the lower and upper body muscles.

## **2. GENERAL FEATURES**

All metal parts shall be sandblasted.

The machines shall feature a compartment for users to store their phones and drinks.

Each machine will feature a QR code providing access to a video explaining the correct use and operating principle of the product.

Each part will be packaged to prevent friction and scratches during transport.

The products will not have any sharp edges or surface details that could harm the human body during use. Contact points will consist of rounded lines and curves.

## **3. SURFACE TREATMENTS AND PAINT**

Oil, rust and dirt on metal surfaces will be cleaned using a pressurised air spraying method.

The material surface will be sandblasted to open pores, ensuring better adhesion of the zinc primer and paint.

After sandblasting, all metal surfaces will be painted with zinc primer-coated electrostatic paint.

## **4. MECHANICAL SYSTEM AND BODY STRUCTURE**

Square profiles measuring 80 x 80 x 4 mm will be used in the main body of the machine.

Rectangular profiles measuring 40 x 80 x 4 mm will be used in the moving load arms.

The shaft connecting the main body to the load arms will have a diameter of Ø40 mm.

The moving load arms will be connected to the main body with self-sealed bearings.

Surface-coated bearings numbered 6206 will be used.

The bearing systems will be protected against water, dust and external factors by polyamide-based covers produced by plastic injection moulding.

The machine will be manufactured for use by more than one person.

## **5. WEIGHT SYSTEM**

The weight increment system will be designed to be 5 kg (2x) at each level.

The minimum working weight shall not be less than 5 kg, and the maximum working weight shall not be less than 60 (x2) kg.

The product shall be manufactured as a dual weight unit; the total weight shall be 60 (x2) kg.

The weight system shall be designed to allow users to operate both sides independently.

The weight system will have a mechanism that can slide equally on the right and left load arms.

The mechanism will be capable of operating on both sides and will provide dual-sided usage.

The user can lock the weight lifting arms using the sliding system and operate both arms together or one arm independently of the other.

One wheel will be used in each weight system, and each wheel system will have two closed and surface-coated bearings.

The weight system will move forwards and backwards on Ø 90 mm wheels on a 40x80x4 mm load arm.

UV-printed aluminium labels will be used as kilogram increase/decrease indicators. (Absolutely no foil or adhesive labels will be used.)

The profile rails on which the weight moves will be covered with wear and corrosion-resistant stainless steel sheet.

The weight system will be equipped with a double-sided locking mechanism that prevents forward and backward movement during operation.

The locking mechanism will operate via a Ø21x2 mm steel tube, and Ø30 mm rubber hand grips (93 mm) will be located at the user contact points.

A Ø20 mm chrome shaft will be used to ensure the integrity of the weight system.

The weight system will move horizontally on a Ø30 mm chrome shaft and slide on CrNi 304 stainless steel sheet with the aid of wheels.

## **6. SAFETY AND ERGONOMICS**

Ø72x52 mm rubber buffers will be used to prevent impact.

To prevent metal-to-metal contact, 45x68x35 mm elliptical rubber buffers will be mounted on 40x80 profiles.

For user safety, half-circle, square or elliptical polyamide caps will be fitted to the ends of the 40x80 – 80x80 profiles.

## **7. SEAT AND ADJUSTMENT MECHANISM**

The seat platform will be adjustable according to the user's height.

The adjustment mechanism will operate on sliding bearings and Ø20 mm stainless steel pins.

Locking holes and a stainless steel safety pin will be provided for height adjustment.

Metal parts through which the pins pass will be manufactured from 2 mm CrNi 304 stainless steel sheet.

## **8. SUPPORTS AND HANDLES**

The back, chest and seat platforms will be manufactured from 19 mm thick vandal-resistant UHDPE (Ultra High Density Polyethylene) material.

The handrails will be manufactured from Ø34 and 48\*3 mm tubing. To prevent hands from slipping on the handrails, a PVC-enhanced product containing synthetic rubber, which is unaffected by adverse weather conditions and sunlight, will be used.

## **10. DIMENSIONS AND ASSEMBLY**

The passive (closed) dimensions of the machine shall be at least 1390 mm width x 1695 mm length x 1215 mm height.

The product shall be fully demountable for transport.

**The products shall be manufactured in accordance with EN16630 standards.**